

A Day at Kindergarten



Reader Notes:

These stories can help children become familiar with some things they may experience at an early learning centre or kindergarten. Every child, early learning centre, and kindergarten is different. Before reading, change the words, pictures and order so they match the child's early learning centre or kindergarten, routines, communication and support needs. The "add your own image" version can be used to include familiar photographs.

Read the story with the child. Invite them to notice what is the same or different, share how they feel and show what helps them feel safe, comfortable and included. Children may communicate through speech, gesture, movement, sign, symbols, a communication device or other ways.

Families and educators can use what the child shares to plan supports and reasonable adjustments. The aim is to support predictability, agency, belonging and participation while recognising that every child may engage with their early learning centre or kindergarten in different ways.



Today I am going to kindergarten.
My family comes with me.



I can say hello in my own way.

I find the place for my bag. It may have my name
or photo. I can ask a teacher for help.



Sometimes I feel sad or worried when my family leaves.

That is okay. A teacher can stay with me. I can hug my soft toy, play with a friend or watch until I am ready to join in with the rest of the group.



When I do join the group, I can find a comfortable place.

I can listen, watch, move or join the group in my own way.
A teacher tells me about the choices for today.



Inside, I choose things I like to do, such as blocks, puzzles, drawing, dress-ups, music or making things.

I can ask to play with something different, more time or some help.



Before we go outside, we put on sunscreen and hats when we need them.

I can choose to play with balls, ride a trike, or play in the sandpit.

A teacher can help set things up if I need help to join in.



At snack and lunch time, I wash my hands before and after I eat.
A teacher can help me if I need it.



Sometimes I might need a rest or a break.

I can find somewhere quiet, look at a book, listen to music or just rest.



Before home time, we pack up.

I can help put things away. If I don't know what to do, I can ask for help.



At home time, my family comes for me.

I collect my things and put them in my bag. I can ask the teacher for help.
I can say goodbye to my teacher and my friends in my own way.



At kindergarten, I play, learn, rest and have fun.
There are people who can help me.

