

A Day at My Early Learning Centre



Reader Notes:

These stories can help children become familiar with some things they may experience at an early learning centre or kindergarten. Every child, early learning centre, and kindergarten is different. Before reading, change the words, pictures and order so they match the child's early learning centre or kindergarten, routines, communication and support needs. The "add your own image" version can be used to include familiar photographs.

Read the story with the child. Invite them to notice what is the same or different, share how they feel and show what helps them feel safe, comfortable and included. Children may communicate through speech, gesture, movement, sign, symbols, a communication device or other ways.

Families and educators can use what the child shares to plan supports and reasonable adjustments. The aim is to support predictability, agency, belonging and participation while recognising that every child may engage with their early learning centre or kindergarten in different ways.





Today I am going to my
early learning centre. My
family comes with me.

I sit in my car seat. We
might sing or listen to
music on the way.

When I arrive, I can say
hello in my own way.

My family helps
me get settled,
says goodbye
and reminds me
that they will
come back later.



Sometimes I miss my family or feel sad.
That is okay.

A teacher can stay with me. I can hug my
soft toy, play with a friend or choose
something to do when I am ready.



At my early learning
centre, we have meals
and snacks. I wash
my hands before
and after I eat.

I can find a
comfortable
place to eat.
A teacher
can help me
if I need it.





We often play outside. We put on sunscreen and hats when we need them.

I choose what I want to play. A teacher can change things so I can join in.

Inside, I choose things I like to do, such as blocks, puzzles, dress-ups, music or making things.

I can ask for something different, more time or some help.





After lunch, some children sleep. Other children do something quiet.

A teacher can help me feel comfortable.

I might cuddle my teddy, listen to music and lie down. It is okay if I don't fall asleep.

Later, we sing songs and listen
to stories.

I can sing, listen, watch and
move in my own way.



At home time, my family
comes for me. I collect
my things.

I can say goodbye in my
own way.



At my early learning
centre, I can play, eat,
rest, learn and have fun.

There are people
who can help me.

