

Visual Supports for Routines, Transitions and Participation



Visual schedules help children understand what will happen throughout their day, increasing predictability and independence. There are many ways to use visual schedules. They can be helpful for individual children or groups and may include specific or general routines.

This resource provides various options including:

First – Then
Templates

Simple
Sequence
Templates

To Do – Done
Basic
Templates

To Do – Done
Themed
Templates

This resource also includes:

Image Set -
Common Tasks

Image Set –
Make Your Own

Image Set –
Markers

Tips:

- Involve the child in choosing the routine and the steps, where appropriate.
- Choose a template that suits the routine and the child's developmental level.
- Decide whether to use AllPlay images or create your own (e.g., photos of the child doing each step).
- Print and laminate the schedule.
- Print, cut out and laminate your images.
- Use blue tac or velcro dots to stick your images on to the template.
- Place the visual schedule somewhere easy for the child to see and access.

ROUTINE

FIRST	THEN

First-Then Template Instructions: This is a simple two-step template to help children understand what is happening now and what will happen immediately after the current activity is completed. Place the relevant pictures in each column.

Snack - Play

ROUTINE

FIRST



Eat Food

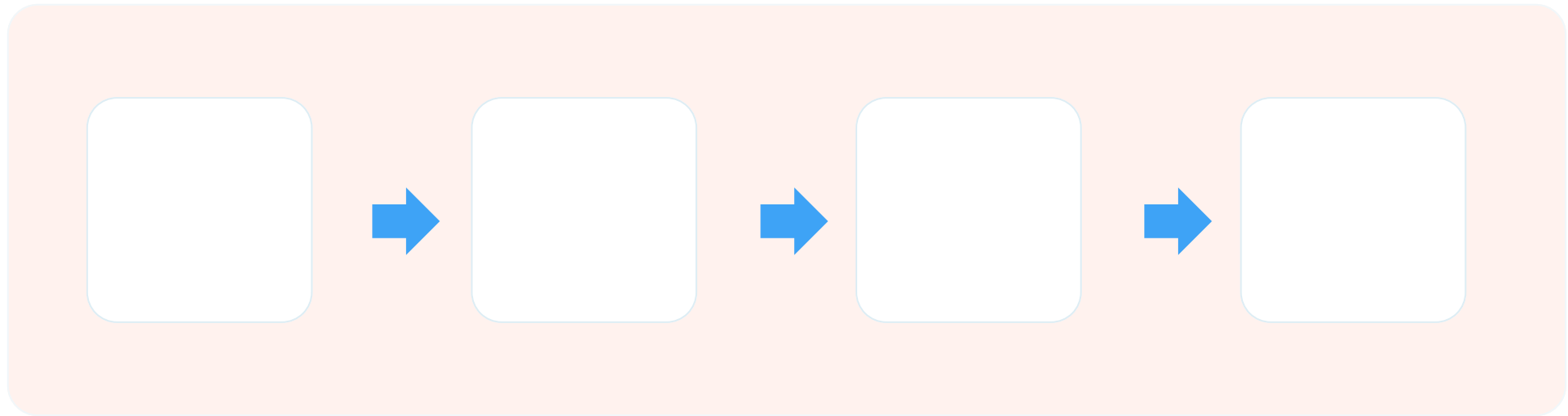
THEN



Play Outside

First-Then Example: A basic routine at an early learning centre to help the children understand that they will eat their lunch before starting outdoor play.

ROUTINE



Simple Sequence Template Instructions: This simple sequence routine helps children understand what happens at common transition times at an early learning centre or home.

Ari's

ROUTINE



Nappy Change



Milk



Story Time



Rest Time

Simple Sequence Template Instructions: This simple sequence routine helps children understand what happens at common transition times at an early learning centre or home.

ROUTINE

To Do

Done

To Do – Done Template Instructions: Choose a marker from the AllPlay set or use your own. Move the marker along the path as each task is completed. Another option is to tick the boxes as you go.

Max's

ROUTINE

To Do



Eat Dinner



Bath or Shower



Pyjamas On

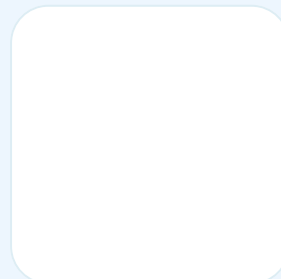
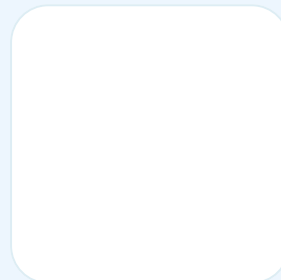
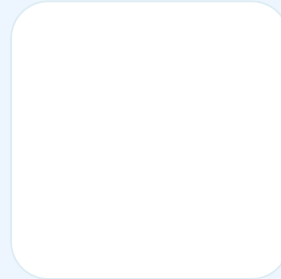


Brush Teeth



Reading/ Story

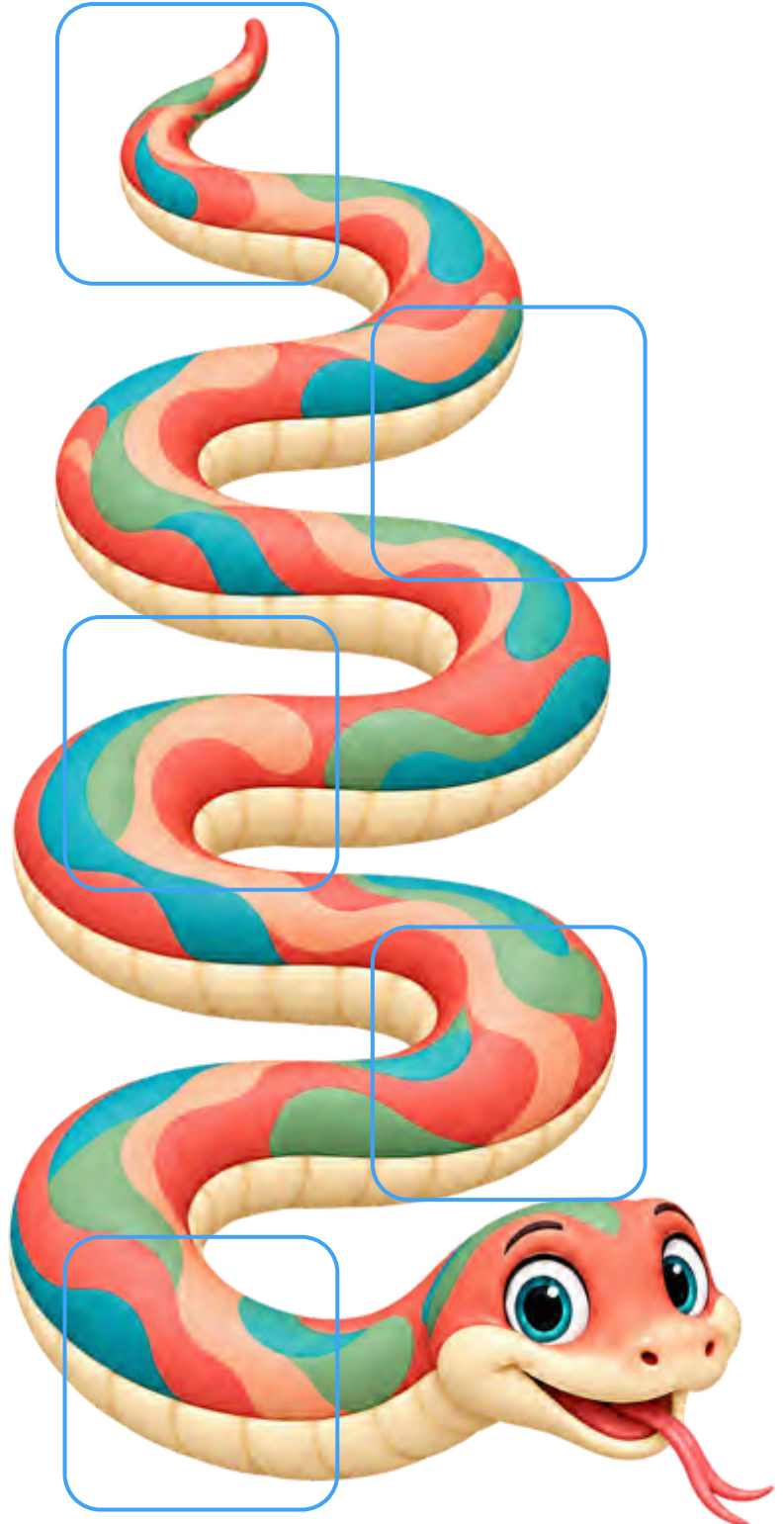
Done



To Do – Done Template Instructions: Choose a marker from the AllPlay set or use your own. Move the marker along the path as each task is completed. Another option is to tick the boxes as you go.

To Do

Slide Down the Snake



To Do – Done Themed Template Instructions: Choose a marker from the AllPlay set or use your own. Move the marker to slide down the snake as each task is completed.

Ashley's

ROUTINE

To Do



Make Bed



Get Dressed



Eat Breakfast

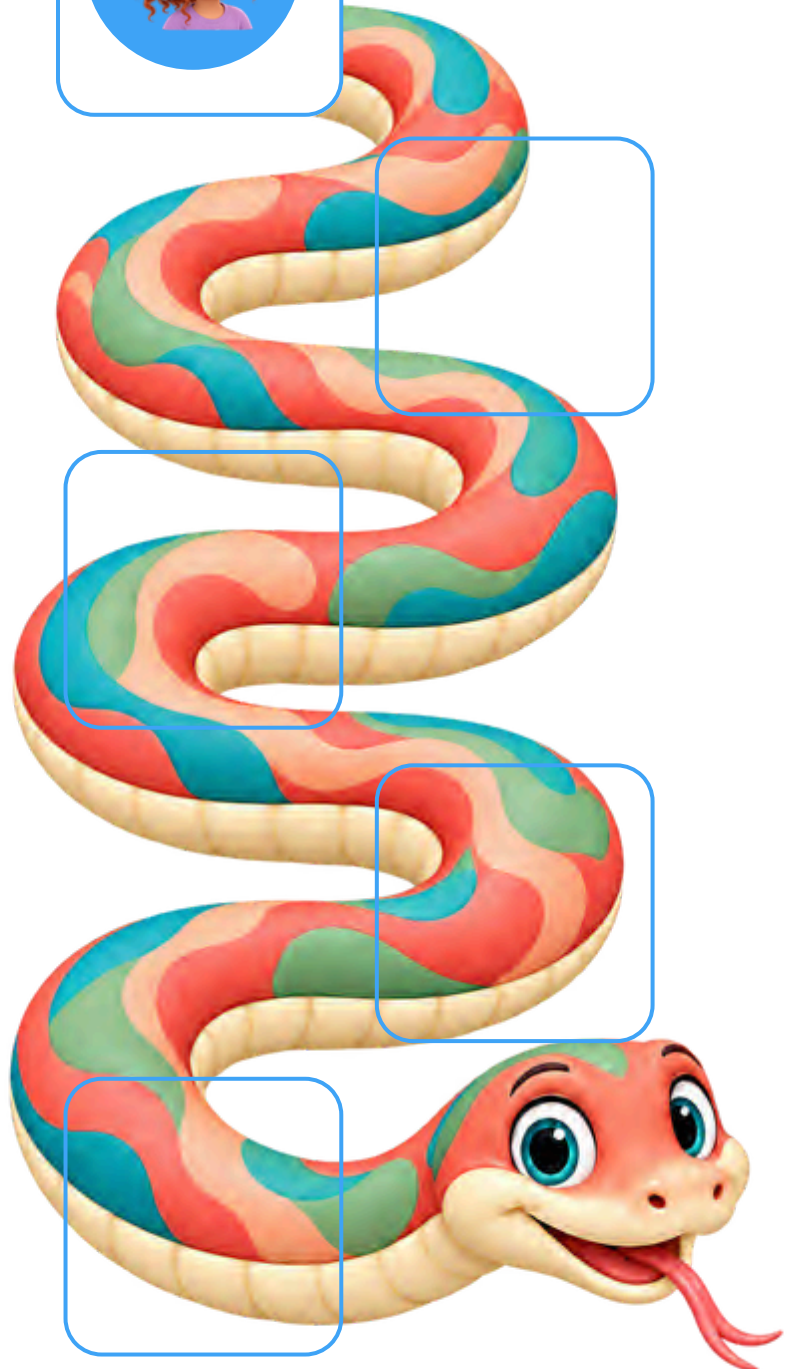


Brush Teeth



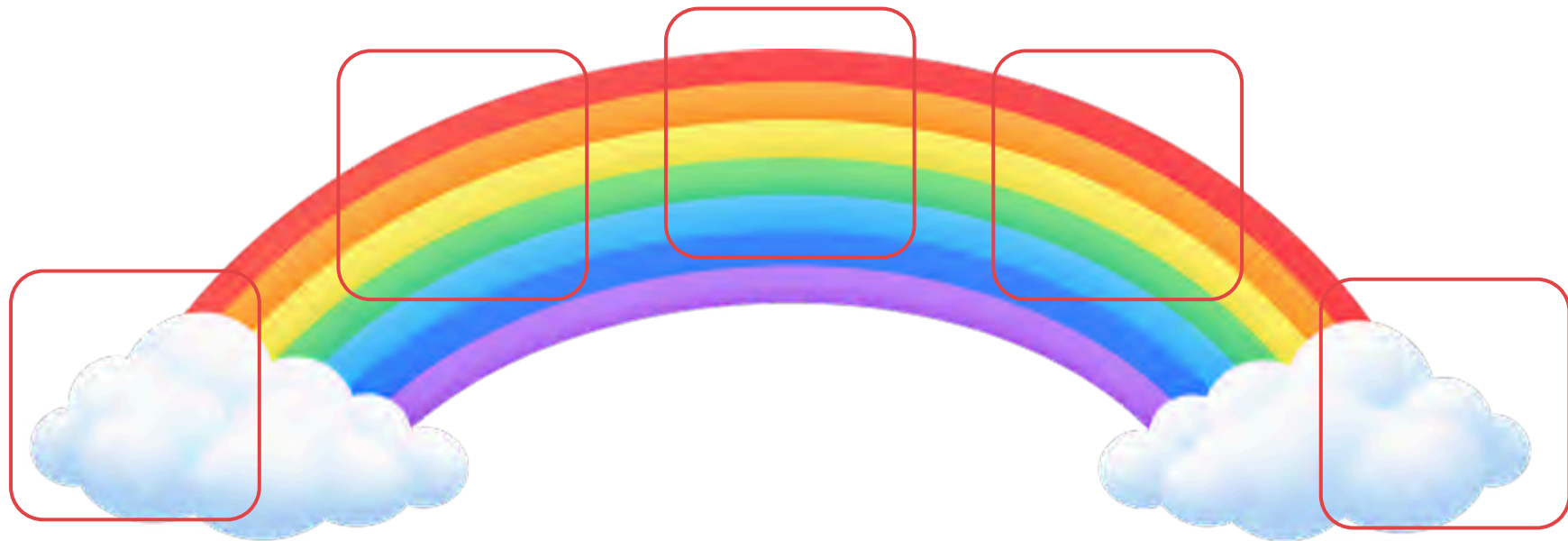
Get Ready to Go

Slide Down the Snake

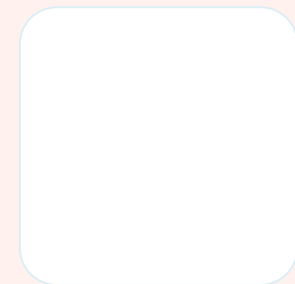
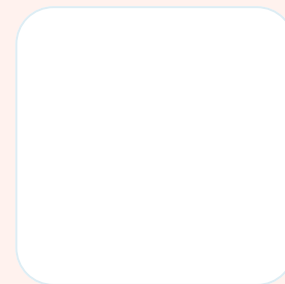
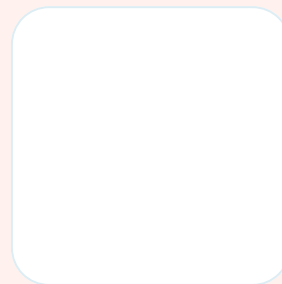


To Do – Done Themed Template Instructions: Choose a marker from the AllPlay set or use your own. Move the marker to slide down the snake as each task is completed.

ROUTINE



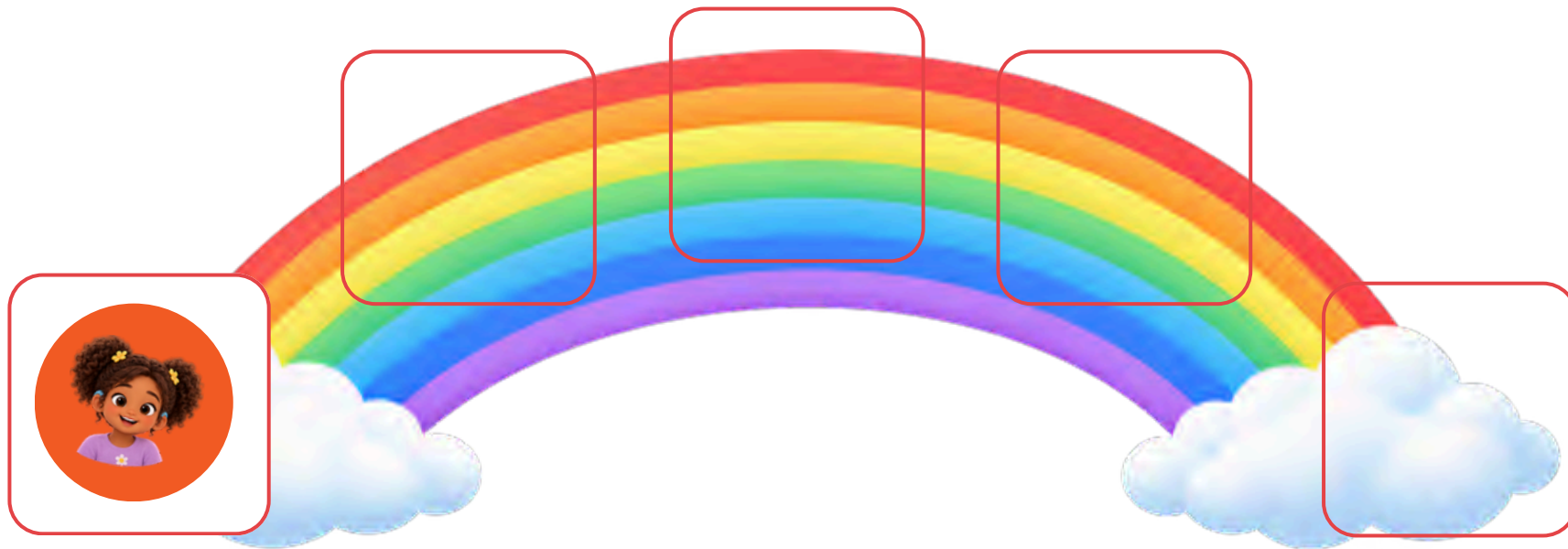
Ride Along the Rainbow



To Do – Done Themed Template Instructions: Choose a marker from the AllPlay set or use your own. Ride along the rainbow as you complete each task.

When I arrive

ROUTINE



Ride Along the Rainbow



Arrive at Early Learning Centre



Sign In



Say Goodbye



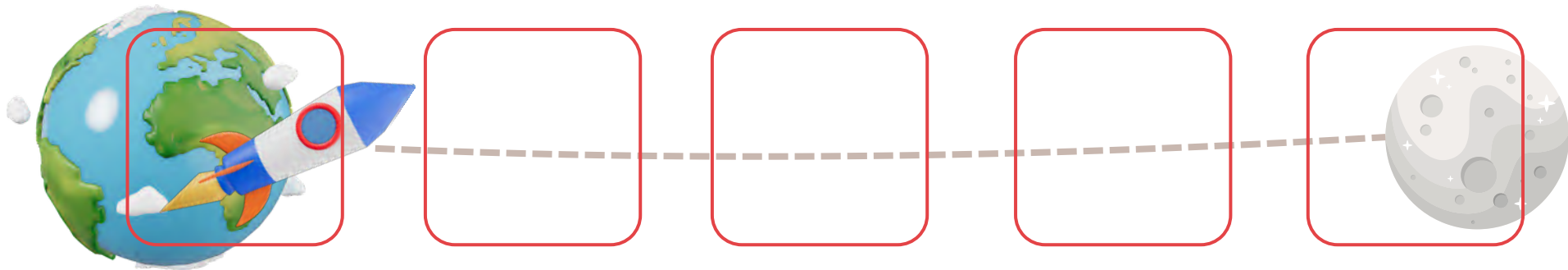
Put Bag Away



Play Inside

To Do – Done Themed Template Instructions: Choose a marker from the AllPlay set or use your own. Ride along the rainbow as you complete each task.

ROUTINE

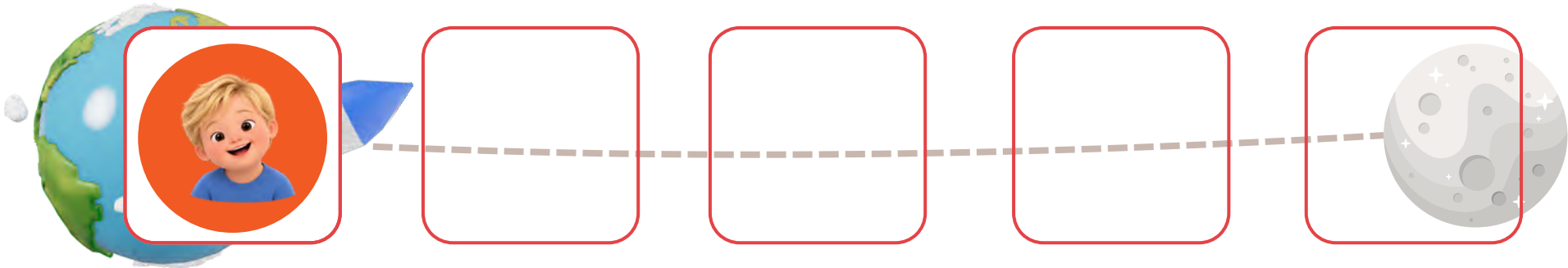


Fly to The Moon

To Do – Done Themed Template Instructions: Choose a marker from the AllPlay set or use your own. Fly to the moon as you complete each task.

Wash your hands

ROUTINE



Fly to The Moon



Turn on Tap



Wet Hands



Soap and Scrub



Dry Hands



Towel in Bin

To Do – Done Themed Template Instructions: Choose a marker from the AllPlay set or use your own. Fly to the moon as you complete each task.

Activity List - Pictures Included

Morning routine



Wake up



Nappy Change



Use Toilet



Wash Hands



Get Dressed



Make Bed



Eat Breakfast



Wash Face



Brush Teeth



Brush Hair



Shoes On



Get Ready to Go

Getting ready and packing



Pack Lunch Box



Pack Snack Box



Pack Drink Bottle



Pack Show & Tell



Pack Bag



Pack Library Books



Pack Comfort Toy



Pack or Put on Jacket

Arrival routine



Arrive at Early Learning Centre



Sign In



Say Goodbye



Put Bag Away

Things to do at my early learning centre



Sit on Mat



Mat Time



Circle



Story Time



Language



Science



Technology



Library



Art



Crafting



Colouring



Cooking



Play Inside



Play Outside



Sensory Play



Sports



Music



Movement Break



Dancing



Special Activity



Use Toilet



Rest Time



Pack Up



Other Activities

Handwashing and toileting



Tell the Teacher



Use Toilet



Wipe



Flush



Wash Hands



Turn on Tap



Wet Hands



Soap and Scrub



Rinse Hands



Dry Hands



Towel in Bin



Nappy Change

Snack and meals



Unpack Food



Unpack Drink
Bottle



Sit at Table



Eat Food



Have a Drink



Put Rubbish in Bin



Pack Lunch Box



Pack Drink Bottle

Getting Ready to Go Home



Pack Up



Get Bag



Say Goodbye



Go Home

Social, family, and community activities



Park



Family Time



Sports



Swimming



Tennis



Football



Cricket



Soccer



Dancing



Music



Gymnastics



Play



TV



Shopping



Birthday



Other Activities

Health and wellbeing



Visit the Doctor



Take Medicine



Drink Water



Take a Break



Relaxation



Stretching



Put on Sunscreen



Wear a Hat

Dinner



Sit at the Table



Eat Dinner



Have a Drink



Wash Hands

Bedtime



Bath or Shower



Wash Body



Wash Hair



Get Dry



Pyjamas On



Milk



Nappy Change



Use Toilet



Brush Teeth



Relaxation



Favourite Toy



In Bed



Reading/Story



Lights Out



Rest



Sleep

Activity List – Make Your Own

Marker – Character and Personalised Avatars

